Learn about vision and dental coverage

Covered eye care

All of our medical plans have adult vision exams included, subject to applicable cost shares. Glasses and contacts are not covered. For members 18 and younger, pediatric vision exams are included, as well as glasses or contact lenses for children at no cost.* Visit kp.org/wa/eyecare for Kaiser Permanente Eye Care locations in Washington. Or check the Core network directory at kp.org/wa/directory.

Adding dental coverage

Oral health is an important part of your overall health. When you select a Kaiser Permanente medical plan, you can choose to add dental coverage – for yourself, for your children, or for your entire family. These Delta Dental plans give you the freedom to see any dentist, and you receive better benefits when you see a Delta Dental participating dentist.

Delta Dental network dentists provide treatments at discounted rates and file all claims paperwork for you. Delta Dental will pay its portion and you’re only responsible for your stated deductibles, coinsurance, and any amounts in excess of the plan maximums.

If you choose a non-participating (out-of-network) dentist, you’re responsible for having the dentist complete your claim forms and for ensuring the claims are submitted to Delta Dental. Claim payments to out-of-network dentists are based on actual charges or Delta Dental’s maximum allowable fees for non-participating dentists, whichever is less. You’re then responsible for any balance remaining after Delta Dental pays.

For questions or to locate a participating provider, please visit deltadentalwa.com or call Delta Dental at 1-800-554-1907.

Choosing a plan

We work with Delta Dental of Washington to offer you dental coverage when paired with one of our medical plans.

A federal mandate requires dental coverage for anyone 18 and younger. You can buy this coverage separately or with a family dental plan.

Adult/family plan

The optional adult/family plan includes dental coverage for everyone covered on the medical plan.

• This plan is available for adults or families who purchase their medical plan directly from Kaiser Permanente.

• Adults or families who purchase their medical plan through Washington Healthplanfinder can also purchase their family dental plan there.

Pediatric-only plan

The pediatric-only plan includes dental coverage for those 18 and younger only.

• This plan is available if you purchase your medical plan directly from Kaiser Permanente.

• If you purchase your medical plan through Washington Healthplanfinder you will be required to purchase pediatric dental coverage for those 18 and younger through Washington Healthplanfinder.

Choosing a dentist

You may choose a dentist from two networks: Delta Dental PPO or Delta Dental Premier. To find a participating, in-network dentist in your area, visit deltadentalwa.com and use the Find a Dentist tool.

*Vision hardware must be prescribed and purchased at a Kaiser Permanente Eye Care location or contracted provider.

Have questions? Call us at 1-800-358-8815. • Go to kp.org/wa/if. • Or contact your producer.
## Summary of benefits

<table>
<thead>
<tr>
<th></th>
<th>Adult/family plan</th>
<th>Pediatric-only plan</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pediatric</strong> (18 and younger)</td>
<td></td>
<td>Only for those 18 and younger</td>
</tr>
<tr>
<td>Delta Dental participating dentist*</td>
<td>$1,250</td>
<td>Delta Dental participating dentist*</td>
</tr>
<tr>
<td>Non-participating dentist</td>
<td>$1,000 annual TMJ maximum</td>
<td>Non-participating dentist</td>
</tr>
<tr>
<td><strong>Adult</strong> (19 or older)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delta Dental participating dentist*</td>
<td>$5,000 lifetime TMJ maximum</td>
<td></td>
</tr>
<tr>
<td>Non-participating dentist</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Annual maximum
- Unlimited
- $1,250
- $5,000 lifetime TMJ maximum
- Unlimited

### Annual deductible
- Waived on diagnostic and preventive benefits
- $85 / child
- $50 / adult
- $85 / child

### Out-of-pocket maximum
- $350 / child
- $700 / family
- Not applicable
- $350 / child
- $700 / family
- Not applicable

### Diagnostic and preventive services
- Exams, prophylaxis, fluoride, X-rays, sealants
- 100%
- 100%
- 100%
- 100%
- 100%

### Restorative services
- Restorations (includes posterior composites), endodontics, periodontics, oral surgery
- 30%
- 30%
- 50%
- 50%
- 30%
- 30%

### Major services
- Crowns, **dentures, partials, bridges, implants, and TMJ treatment for adults 19 or older
- 50%
- 50%
- 50%
- 50%
- 50%

### Orthodontia
- (medically necessary)
- 50%
- Not covered
- 50%

<table>
<thead>
<tr>
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<th>Adult/family plan</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Individual only</td>
<td>$45.76</td>
<td>This plan bills only for the first three 18 and younger</td>
</tr>
<tr>
<td>Individual + spouse</td>
<td>$91.54</td>
<td>1 Individual (&lt;19)</td>
</tr>
<tr>
<td>Individual + child(ren)</td>
<td>$101.78</td>
<td>2 Individual (&lt;19)</td>
</tr>
<tr>
<td>Individual + family</td>
<td>$161.84</td>
<td>3 Individual (&lt;19)</td>
</tr>
</tbody>
</table>

**TMJ** = temporomandibular joint

*Includes dental providers in the Delta Dental PPO*® and Delta Dental Premier* networks

**For families with two or more children

†Covered for members 18 and younger

**Requires preauthorization

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This is a brief summary of benefits and does not constitute a contract. For complete plan information, please refer to your Delta Dental of Washington benefits booklet. Kaiser Permanente refers to Kaiser Foundation Health Plan of Washington. All dental plans offered and underwritten by Delta Dental of Washington.

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